

2009-2010 Extra Curricular Activities

Athletics

Volleyball: Castillo/Cordeiro/Conwell
Swimming: Bozant/Leathem
Soccer: Voelkel/Doussan
Bowling: Black/Trinchard
Softball: Austin/Austin/Calloway.

Cross Country: Horvath/Brignac
Basketball: Walsh/Midkiff, Jr.
Track and Field: Horvath/Brignac

Team members are selected through **tryouts**. Practices are held after school.
Students must maintain a 2.0 GPA and have a good behavioral record.

Cheerleading Zeigler

Members **try out yearly in the spring**. Those students selected provide team support, represent the school in Mardi Gras parades, competitions, and other community functions, and encourage overall student school spirit. Numerous practices are held during the summer and throughout the school year.

Eclipse Dance Team Mathews

Members **try out yearly in the spring**. Those students selected to Eclipse represent Cabrini in both spirit and pride. Each participant must maintain a 2.0 GPA and have a good discipline record. Eclipse performs at games, pep rallies, Mardi Gras parades, competitions and other functions. Numerous practices are held during the summer and throughout the school year.

Ambassadors Day B Montgomery Room 204

Purpose: To offer service to the school in the particular area of recruiting and public relations, and to promote a positive atmosphere within the school community.

Prerequisites:

- A. Must be entering 9th (if you attended Cabrini's 8th grade), 10th, 11th, or 12th grade.
- B. Students must apply and are then reviewed.
- C. Students must have at least a 2.5 GPA and good behavioral record.

Activities:

- A. Students must serve as tour guides at CHS Open House (Counts as 5 service hours).
- B. Students assist with preparations for Open House, High School Night, and other recruiting/public relation functions.
- C. Students are required to perform 10 hours of service in the areas of recruiting, public relations, clerical/office work, or other area approved by the moderator.

Cabrini Chamber Ensemble (Choir and orchestra) Meehan Room 304

Chamber Ensemble is not a club per se, but a team of musicians who train together for public performances. Chamber Ensemble rehearses at least 3 hours a week, usually 3 days for one hour each day. Auditions are held in August, December, January, and May. Anyone who wants to perform with us is welcome to audition. For singers, no experience is necessary. Experienced instrumental musicians are encouraged to audition. Member of the ensemble are taught fundamental music theory and vocal technique for group and solo performance. We sing in special concerts, Cabrini celebrations, and regional festivals.

Cabrini Crime Solvers Days A & C Smart Room 203

The Cabrini Crime Solvers club discovers how forensic scientists use biology, chemistry, and physics to solve crimes. Activities include fingerprint identification and lifting, blood typing, blood spatter analysis, analysis of glass, hair and fibers, etc.

Cabrini Investment Club Day C Heller Room 304

The purpose of the Investment Club is to help students acquire lifelong skills to manage their personal finances. Club members learn how to use credit wisely, how to differentiate between saving and investing, how to build personal wealth at an early age through the magic of compounding, how to manage risk through insurance, etc.

Drama Club Afternoons & some weekends Schrenk Gym

Purpose: A. To produce plays
 B. To provide an outlet for the dramatic and artistic talents of the students

Goals: A. To enhance acting skills
 B. To develop organizational and leadership skills
 C. To build confidence within the student
 D. To develop talents in scene design and construction; consume design and construction; lighting design; and make-up artistry

Ecology Club Day A Kee

Ecology relates to today's world of environmental challenges. The Ecology Club investigates topics concerning the environment. Both local and global issues are considered. We also develops ways in which we, the Cabrini Community, can respond personally to improve the environment.

Etiquette Club Day B LaBorde Room 110

This club focuses on some of life's most important guidelines for healthy emotional living and well-being - good manners. Among those are effective ways to understand and dispense principles of respect (one of our core values here at Cabrini), consideration and honesty through graciousness in the form of a positive attitude. Topics of interest include greetings and introductions, dress and grooming, table and party manners, being a good conversationalist, dealing with rudeness, how to host and be a guest, and dating.

Excalibur National Science Honor Society Day B Smart Room 203

The purpose of the Excalibur NSHS is to foster excellence in scientific study, the pursuit of scientific knowledge and advancement through technology and research. Membership is by invitation only to students who have maintained a 90 average, or better, in each semester of high school science course work undertaken prior to induction. Active members must be enrolled in four years of high school science and must maintain a 90 average, or better, in each academic semester in all science classes pursued. In addition, students may choose to be trained as members of the Suitcase Squad, which visits elementary school classes to teach about endangered species.

Golf Club After school Midkiff, Jr.

This club meets after school on Thursdays until 4:30. We practice at City Park Golf Course and also attend golf clinics. We meet during the months of September, October, March, and April.

Guitar Club Day A Sloan Room 113

Members get hands on music training in a fun atmosphere.

Crescent Jewelers Day B & C Romano Room 102

The Crescent Jewelers is a jewelry making club in which the students make original pieces of jewelry including necklaces, bracelets, earrings, etc.

Junior Honor Club Day B Heller Room 112

This club is open to 9th and 10th grade students who have a 3.5 GPS or above. The club helps foster and build in the student characteristics of character, leadership and service through club meetings and service work.

Key Club Day A & B & C Fontaine Health Room

Key Club is a service organization whose members serve the community and the school. All students are accepted on the basis of their willingness to serve. Members attend meetings during club time and after school, participate in special service projects, and conduct themselves in a manner that reflects the philosophy of the school. Most service projects take place after school and on weekends.

Le Club Francais (French Club) Day C Escande Room 303

For French students with a strong interest in French. The club promotes French culture in a relaxed atmosphere through activities, music, food, presentations, videos, movies, cooking classes, and field trips.

Library Club Day B Granier Library

A service club working to promote reading within the school and our larger community.

Literary Circle Day A & C Dubus Room 113

This club helps students expand their vocabulary and have fun through reading and discussing books.

Little Violets Society Day C Zanon Room 302

We focus on preserving the legacy of our Foundress, St. Frances Cabrini by:

- Sharing in small discussion groups our insights of the life and spirit of Mother Cabrini
- Maintenance of Mother Cabrini's bedroom and the Sacred Heart Chapel
- Eucharistic Adoration in Sacred Heart Chapel

mAthletes Day B Schneider Room 102

mAthletes: This club is for Pre-Algebra, Algebra I and Geometry students who want to expand their math skills with puzzles, challenges, "career" development, and computer skills. Participate in the American Mathematics Competition (AMC) a fun and challenging contest that looks great on college applications and is wonderful preparation for the PSAT and ACT tests. Work in conjunction with Mu Alpha Theta to become a math superstar.

Mu Alpha Theta Day B Johnston/Luke Room 103

MA θ is a National Mathematics Honor Society composed of students who have completed geometry with at least a 90 average in all math courses and have a good behavioral record.

Karaoke and Mass Music Makers Days A, B, and/or C Fuertes Room 110
We explore many different types of music, along with karaoke.

National Art Honor Society Club B Gardner Room 101
National Art Honor society is sponsored by National Art Education Association, the professional organization for art teachers. The club emphasizes outstanding artistic scholarship and service to the school and community through the development of artistic endeavors.

National Honor Society Monday after school every month Heller Room 110
Students become eligible for membership in NHS beginning in their second semester of sophomore year. Membership requirements include a cumulative and semester GPA of 3.5, a good behavioral record, satisfactory evaluation by the faculty on character and leadership, and membership in at least one club, team, or activity.

No Place For Hate Club A and B Theriot/Pizer Room 326
NO PLACE FOR HATE is a club that promotes respect for all individuals. Members have the opportunity to learn about and appreciate different cultures while challenging prejudice in all its forms. Members work toward the club's goals of promoting respect and anti-bias throughout our school.

Photography Club Club C and after school 1/month Lanieri Room 200
The goal of the photography club is to begin to explore the photographic medium as a visual language in art. We have discussions, darkroom printing basics, photo related trips, group shows and photo related fund raisers.

Physics Club Days A or B Midkiff, Jr. Room 113
To allow students a venue to learn about how physics effects their lives on a daily basis. Students are able to see science in action and perform unique experiments. Students also calculate real data to solve current myths/problems.

- Rocket building and launches
- Plane design and flights
- Observation of the Moon and Stars
- Frictionless Slides
- Sport Science

Pro-Life Club Day A Bienes Room 301
Students support the Pro-Life cause in all activities.

- *sell Right to Life Calendars
- *paint wooden crosses for nursing homes and/or homeless shelters
- *discuss the importance of chastity and adoption
- *any Cabrini student can purchase a Pro-Life t-shirt from Mrs. Bienes

Quiz Bowl Team 2nd Floor Esplanade - Conference Room Yuratich/Sloan

Quiz Bowl is an academic competition, in which four player teams representing their respective high school answer various academic questions that a high school student might know. Questions cover subjects such as social studies, science, math, literature, and many other disciplines. Players can rotate out between rounds, so there are often many more than four players on a team. Some tournaments offer an eighth and ninth grade category in addition to varsity. The team practices a few times each week during the month before a tournament. Interested students are invited to contact Mr. Yuratich or Mr. Sloan.

Renaissance Team Day A Cabrera Room 210

Student arm of Renaissance committee composed of four officers and four members.

Roleplaying and Cosplaying Club Days B and C Castillo Room 321

We use creativity to write stories and plays with a partner. Cosplaying is dressing as a character and acting out a story.

Save the Earth Club Day B Bienes Room 301

Save the Earth Club focuses on recycling efforts around school. Members of the club collect paper from the recycling boxes in classrooms during monthly club meetings. We encourage everyone in the Cabrini community to recycle plastic bottles, newspaper and white/colored paper. We have a special Save the Earth t-shirt available to all students.

Spanish Club Day C Coutin Room 208

We experience the fun aspect of Spanish culture.

Speech Team Club B Fortier/Harris Room 212

Purpose: To compete locally at a minimum of 10 NCFL competitions as a group and individually compete in at least 5 tournaments per year, with the goal of attending city, state, and national competitions. Speech involves public speaking as well as many acting categories.

Student Council Executive Board Day A, C & Thursdays Distler Room 325

An elected body of student government responsible for planning and implementation of student activities. Must have a 2.5 GPA and be a student in good standing with the school.

Student Council Day A, C & 2 Thursdays after school/month Distler

Day A: Room 325

Day C: 12th Rm. 336, 11th Rm. 208, 10th Rm. 101, 9th Rm. 108, 8th Rm. 301

An elected body of student government responsible for planning and implementation of student activities. Must have a 2.5 GPA and be a student in good standing with the school.

Students Against Drugs and Alcohol (SADA) Day A Boyer/Cook/Simone Room 305

The primary focus of SADA is to increase awareness about the dangers of substance abuse through education, service and school wide activities.