

**CABRINI HIGH SCHOOL SENIOR NEWSLETTER**  
**DECEMBER 14, 2009**

**PLEASE LET MRS. ARMAND** know to which colleges you have been admitted so that we can announce it to CHS - Everyone likes congratulations . . .

**SCHOLARSHIP or GRANT LETTERS** - You may start receiving scholarship award letters from colleges over the holidays - ALL scholarship letters are important, even if you do not plan to take advantage of the scholarship you are being offered - Bring **any & all scholarship or grants letters** to Mrs. Armand or Ms. Boyer so that we can make copies for our records - We **MUST** have the letters in order for us to list your scholarships in you graduation program - NO exceptions

**MANY of YOU** - Have had *many* teachers write recommendations for you - This Class of 2010 has set a record with the number of college applications, many to schools requiring numerous forms and/or recommendation letters - Please be sure & thank your teachers profusely for taking their time to write such important letters - It would be a nice little Christmas gift for each of them

**FAFSA INFO** - Many of you and/or your parents are asking about financial aid & the FAFSA - On Friday, January 8, we will hold a Joint PrimeTime to give out FAFSA information - We will have booklets with explanations of all forms of financial aid, FAFSA online worksheets & much more for you

**U L L** - This university is now offering a new required course for all entering freshmen - The one-semester course is designed to help students achieve greater academic success & to prepare them for life after college - Among other things, you will learn about on-campus resources, career planning, tutoring, the mentoring program and time & money management - This will be a 2-hour credit course

**UNIVERSITY of SOUTHERN MISSISSIPPI** - Scholarship deadline is approaching - February 1 - You must be admitted to USM before any scholarships can be offered

**CABRINI COLLEGE (PA)** - The college offers one full-tuition scholarship to one deserving Cabrini High student - You must apply to the college & be accepted - Then get your scholarship application instruction sheet from Mrs. Armand, or get one from the front of the 2<sup>nd</sup> drawer in the small file cabinet outside Mrs. Armand's office - Scholarship applications must be turned in to Mrs. A by 2/26

**ACT INFO FOR JUNIORS** - You do not have to take the Writing Section of the ACT over & over again - Once or twice is enough - Check which of your colleges require the Writing Section

**ACT NEWS** - The next ACT is 2/6/10 with a 1/5/10 registration deadline, the day we resume classes at CHS - Register now so you won't forget!

**NCAA NEWS** - If you have not done so already, be sure to have your ACT/SAT scores sent directly to the NCAA Clearinghouse - NCAA code for both is 9999 - NCAA **must** have the scores sent directly to them - Juniors, you may register now with NCAA, but must wait until the beginning of your Senior Year to have your 6-semester transcript sent to NCAA from the Guidance Office

**BOOKS in COLLEGE** - When you get to college, you will be astounded at how much books can cost - Think about getting used books - Check Amazon.com & Half.com - You may even rent books at BookRenter.com & Chegg.com - You may even get books for your "Kindle" or the new versions of it

**NEED MONEY fir COLLEGE?** Register online at [nextSTEPmag.com/mag](http://nextSTEPmag.com/mag) & you could win \$1,000 or the grand prize of \$10,000

**XAVIER UNIVERSITY (NOLA)** - This school's Division of Business is among the Top 10 Historically Black Colleges & Universities as well as the New York Times' Selective Guide to Colleges - In other words, Xavier's program is a great program with great graduate school opportunities - For details on Xavier's Business Achievers Summer program, email [business@xula.edu](mailto:business@xula.edu)

**AXA Achievement Community Scholarship** - Go to [www.axa-achievement.com](http://www.axa-achievement.com) & apply by 2/15 for a chance at a \$2,000 scholarhsip

**SAVANNAH COLLEGE of ART & DESIGN** - If you qualify with an unweighted 3.75 GPA + 27 ACT or 1220 SAT and are interested in attending SCAD, see Mrs. A by 1/15/10 for more details concerning a Distinguished Scholars Award - Other qualifications include outstanding visual or performing arts awards, writing talent, honors or awards from other competitions

**L S U** - The Spring Invitational Program will be 4/14, 15 & 16 - You will be invited to participate if you qualify with 28 ACT or 1260 SAT + 3.2 unweighted GPA - If you receive an invitation, *do not delay* in responding by 3/5/10 - February ACT & SAT scores will be accepted, so do not forget to list LSU on your registration

**JUST SO YOU WILL KNOW** - Many highly competitive colleges & universities do not let you know about your admission until March or April - So, try not to be too anxious over the holidays worrying about whether or not you got into your favorite school

**TAKE a LOOK BACK** - Read over your past newsletters for deadlines that may be coming up sooner than you think - Some deadlines are right after we come back after Christmas, such as the Gates Millennium Scholars

**The essential question is not, "How busy are you?",  
but "What are you busy at?"**

***Our attitude toward life determines life's attitude toward us.***

**Love what you do. Do what you love.**

**HAVE a BLESSED & RESTFULL HOLIDAY SEASON!**

# CABRINI HIGH SCHOOL SENIOR NEWSLETTER

## NOVEMBER 16, 2009

**CABRINI COLLEGE (PA)** - One full-tuition scholarship is available for the most deserving Senior from CHS - First, you must apply & be accepted to the college - Details on applying for the scholarship will be announced at a later date - Give this great opportunity a lot of thought! (Talk to Mrs. Pizer about it - her daughter is up there right now!)

**ACT / SAT NEWS** - Be sure to take either or both of these tests in December if you have not already done so - **Most** schools require the scores of standardized tests by the December test dates for admissions AND for scholarships in particular - SAT is 12/5 & ACT is 12/12 - Also, check to see if your college requires "Subject Tests" & take them ASAP

**WALMART** - College scholarships are available at [Walmartfoundation.org](http://Walmartfoundation.org) - Deadline to apply is 1/31/10

**THE AMERICAN ACADEMY of DRAMATIC ARTS** - Audition dates in various cities in the South - Check out the large poster on the College Board in Senior Hall - Learn more at [www.aada.org](http://www.aada.org)

**KNIGHTS of COLUMBUS** - January 15 is the deadline to turn in application forms for a chance to be nominated for the Catholic Youth Leadership Award - A monetary award is given to the winner - See Mrs. Armand for the forms

**STATE FARM BAYOU CLASSIC** - Job & College Fair in conjunction with the big Bayou Classic football game in the Superdome - The fair is free & open to all - See the fliers on the College Board & around CHS

**GATES MILLENNIUM SCHOLARS** - Minority students may qualify for very generous scholarship from Bill & Melinda Gates' Foundation - For details, go to [www.gmsp.org](http://www.gmsp.org) - Deadline is 1/11/10 - Requirements: 3.3 unweighted GPA, leadership abilities, meet the Federal Pell Grant eligibility

**CHECK THESE OUT** - New college & career planning sites - [www.mappingyourfuture.org](http://www.mappingyourfuture.org) & [www.Going2college.org](http://www.Going2college.org)

**BURGER KING** - \$1,000 scholarships available, based on 2.5 unweighted GPA, 10 hours of part-time work per week or 40 weeks per year & financial need - Apply online by 2/1/10 at [www.haveyourwayfoundation.org/bksp\\_application.html](http://www.haveyourwayfoundation.org/bksp_application.html) - Access Key: BKS

**LOYOLA UNIVERSITY** - Don't forget that you may gain \$1,000 towards your tuition just for a planned visit to the school!

**CENTENARY COLLEGE (LA)** - Mrs. Armand has 2 fee waivers available for anyone wishing to apply to Centenary

**TOUR COLLEGE from HOME** - Check out [www.youniversitytv.com](http://www.youniversitytv.com) to look at many prospective colleges on the net

**XAVIER & NEW YORK UNIVERSITY** - These 2 universities have received a \$3 million grant from the National Science Foundation to bolster curriculum development, i.e., more research projects, more lab materials - Just a little "FYI"

**HARVARD, VANDERBILT** & many more colleges are trying to get more students to graduate with reduced indebtedness - These schools work with students & families to "include grant/gift assistance that does not need to be repaid as well as a work component for students" - This means these schools are *more affordable* for many students - Check out their sites, [www.harvard.edu](http://www.harvard.edu) & [www.vanderbilt.edu](http://www.vanderbilt.edu)

**BELMONT UNIVERSITY (Nashville, TN)** - Ranked as one of the Top 10 universities in the nation, this school offers majors in Pharmacy, Physical Therapy, Psychology and now Art History - You can see it on upcoming Preview Days, 11/21 & 3/27 - Call for details at 1-800-56ENROLL

**FINANCIAL PLANNING?** Check out Making College Financial Planning Count at [www.elearning.makingitcount.com](http://www.elearning.makingitcount.com) for info on the FAFSA, various types of financial aid available - You can also register on this site for a \$1,000 prize from the Bank of America

**THINK ABOUT THE NAVY** - NROTC Scholarship applications are being accepted now - Requirements: 22 English + 21 Math - The NROTC scholarship can be applied to over 160 colleges across the country - For details, you can call Michael Hanson at 352-8797 or email him at [Michael.k.hanson@navy.mil](mailto:Michael.k.hanson@navy.mil)

**LOUISIANA SCHOLARS COLLEGE (Natchitoches, LA)** - This is the school for you if you want smaller classes, individualized majors, designated living areas in the newest dorms, then LA Scholars College at Northwestern State University may be just the school for you - Apply online at [www.nsula.edu/scholars](http://www.nsula.edu/scholars)

**DID ANY ONE in your family attend St. Mary's Dominican College?** If so, you may qualify for the Alumnae Association's 2010 Tuition Scholarship Grant of \$2,000 - See Mrs. Armand for application - Deadline is 3/1/10

**DISCOVER COLLEGES** - Log onto this website to request college info & you will be automatically be eligible for a \$2,500 scholarship: [www.discovercolleges.com](http://www.discovercolleges.com)

**AL'S FORMAL WEAR** - Visit this site before 5/31/2010 to apply for scholarships, prom discount cards & more: [www.alsformalwear.com/SchoolApp](http://www.alsformalwear.com/SchoolApp)

**CENTENARY COLLEGE** - A new financial aid program, "Louisiana, Live Your Dream", makes it possible for LA residents who are Pell Grant & TOPS eligible attend Centenary *tuition & fee free!* For more info, call Tim Crowley at 800-234-4448

**OUR LADY of the LAKE COLLEGE (Baton Rouge)** - Franciscan Scholars Scholarship application is available in Mrs. A's office - Requirements: 3.5 GPA + 22 ACT/ 1030 SAT - Deadline is 2/15/10

**SAVANNAH COLLEGE of ART & DESIGN** - "SCAD Days", Open House Events are on 1/16 in Atlanta and 2/5 & 6 in Savannah - For details about both events, call 800-869-7223

**"COLLEGE (ATHLETIC) RECRUITING SIMPLIFIED"** - Find out all about becoming a college athlete on 12/10 at CHS cafeteria at 6:30 PM

**FIRESIDE SCHOLARSHIP** - Any student in a Catholic H.S. is eligible for one of five \$1,000 scholarships - One essay from CHS will be chosen from all that are submitted - The subject: "How is your religious education influencing your life?" All essays are due to Mrs. A by noon on Friday, 12/11/09 - See Mrs. A for details

**GEORGE RODRIGUE, of BLUE DOG fame** - Mr. Rodrigue's foundation is offering \$30,000 in scholarships for "Louisiana-themed" art work submitted online to [www.georgerodriguefoundation.org](http://www.georgerodriguefoundation.org) - Almost any medium is accepted: drawings, paintings, charcoals - Deadline for online submission is 1/22/2010 - Details are on the website - Brand new foundation!

**RONALD McDONALD HOUSE** - U.S. Scholarship Program for "students who are exemplary role models in their communities & have the initiative to fulfill their educational goals" - Apply by 2/16/10 online at [www.rmhc.org](http://www.rmhc.org)

**SOME INTERESTING MAJORS** & resulting jobs to think about (as seen recently in the Times Picayune brides section):  
BS in Biological Sciences with minor in Business = a job as a Healthcare Consultant for an accounting firm  
BS in Informatics with a minor in Criminal Justice = Human Resource Associate  
BS in Zoology with a minor in Marine Biology = PhD in Environmental Toxicology  
BS in Textile & Apparel Merchandising with a minor in Business = VP of Sales of a company that designs, manufactures & constructs biomass fired power plants

**F.Y.I.** - Some high-paying jobs in the New Orleans area: Family & General Practitioners, Physicists, Optometrists, Attorneys, Petroleum Engineers

**Learning is a treasure that will follow its owner everywhere.**

***A goal without a plan is just a wish.***

**Change your thoughts and change your world.**

# CABRINI HIGH SCHOOL SENIOR NEWSLETTER

## OCTOBER 1, 2009

**WELCOME BACK TO CABRINI!** Hope you are ready to get going to college! It is time to get started in your search - Mrs. Armand & Ms. Boyer are here to help

**This is the first in a series of newsletters** that we will be giving to you with information pertinent to colleges & scholarships - We publish the **newsletters** as we receive information in the mail - Be sure to keep your newsletters for future reference - Please listen to & read the **Daily Announcements** for "fast-breaking" news of information we have received on short notice

**SCHOLARSHIP SCAMS** - Avoid scams in which unscrupulous companies "guarantee" scholarships or "too-good-to-be-true" financial aid packages - Information is available from the Federal Trade Commission on such scams - For a free fact sheet, call toll free 877-382-4357 or go to [www.ftc.gov/scholarship-scams](http://www.ftc.gov/scholarship-scams) - A word to the wise: If you have to pay for the scholarship search, don't do it - There is way too much FREE financial aid help out there!

**CITIZEN ???** If you are NOT a citizen of the United States, PLEASE see Mrs. Armand ASAP!

**INTRODUCING---**Jasmyne Luke, your Trailblazer representative - She attended a 3-day workshop last summer to get all the info on LA-State-financed TOPS, financial aid & more - Email your questions to her at [jazz424@yahoo.com](mailto:jazz424@yahoo.com)

**NOCCA STUDENTS** - It is your responsibility to see that your NOCCA grades get to Mrs. Tucker so that the grades can be recorded on your Cabrini transcript

**"CEEB CODE", HIGH SCHOOL CODE?** These are the same thing - Whenever you are asked for your high school code or the school CEEB code, list Cabrini's code: **192-103**

**ACT vs SAT** - If you don't have the 20 ACT composite required for TOPS, *definitely* consider taking the SAT - You can qualify for TOPS with 950 composite SAT *and* 2.50 Core GPA

**MORE on ACT & SAT** - YOU are responsible for have your scores sent from ACT & SAT to your colleges - Some LA colleges accept scores from CHS, but *most do NOT* - You get 4 colleges when you register for both tests

**STUDENT ATHLETES** - If you have ANY idea that you may play college sports, you **MUST** register with the **NCAA** before you go to college - Register at [www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net) - You **must** have your ACT/SAT scores sent **directly** to NCAA from ACT/SAT - The code is "9999" - See your coach or Mrs. A for details - You must print out the "Copy 1 & 2" Transcript Release forms from the NCAA site & fill out a Transcript Request form - *You should register by December 1*

**COMMON APPLICATION** - More & more colleges are accepting AND preferring this EASY way to apply to numerous colleges - Complete ONE application & then make copies for all of your colleges - Over **250** colleges & universities accept the Common Application - Better yet, apply online - MANY colleges waive the application fee if you do it online at [www.commonapp.org](http://www.commonapp.org)

**TUITION EXCHANGES** - If one of your parents works for an area private college, ask if the college participates in the Tuition Exchange Program - Over 570 colleges participate - You could attend one of these colleges FREE

**ARE YOU a "FIRST GENERATION, LOW-INCOME or MINORITY STUDENT"?** If your answer is "Yes", check out & register at [www.CSOcollegecenter.org](http://www.CSOcollegecenter.org) for info on colleges that recruit & want to retain such students - Hispanic & other minority students, such as American Indian, Vietnamese, Chinese, Eastern Indian, should go to [www.hsf.net](http://www.hsf.net) ASAP to look for scholarships that may apply to you - *Apply early*

**BOSTON UNIVERSITY (MA)** - Trustee Scholarship Competition for high-achievers - Deadline is 12/1 - Go to [www.bu.edu/admissions/trustee](http://www.bu.edu/admissions/trustee)

**NORTHWESTERN STATE UNIVERSITY (Natchitoches)** - Senior Day is 11/7 - Go see the school for yourself - See the flier on the College Board or RSVP to 800-327-1903, email to [recruiting@nsula.edu](mailto:recruiting@nsula.edu)

**UNIVERSITY of VIRGINIA (UVA)** is having an Evening Program at Ben Franklin H.S. on 10/6 at 6:30 - The Dean of Admissions & students will be there to answer questions - UVA was founded, designed & built by Thomas Jefferson in 1819 after he was President of the United States - He was also on the first faculty of UVA

**NEW YORK UNIVERSITY** - Diversity Open House is 10/24 - RSVP at [admissions.nyu.edu](http://admissions.nyu.edu) if you get a chance to go to NY

**UNIVERSITY of ROCHESTER (NY)** - Serious research goes on at this state-of-the-art school - This is an innovative school where you can apply for undergrad & graduate school at the same time AND take the 5<sup>th</sup> year for free - Check out [www.enrollment.rochester.edu/admissions](http://www.enrollment.rochester.edu/admissions)

**SMART START** - This program is for African American students with 19 ACT + B average planning to attend any 4-year Louisiana college - Apply online at [www.jpmorgan.com/pages/smartstart](http://www.jpmorgan.com/pages/smartstart) - Your full tuition **may** be covered

**LOYOLA UNIVERSITY (N.O.)** - If you apply using Loyola's online application, the online Common Application, or Loyola's Online Express Application, there is NO application fee!

**EMORY UNIVERSITY (GA)** - November 1 is the deadline to apply for the Emory Scholars Program - Your application & nomination forms must be received by 11/1 - See Mrs. Armand for nomination forms & apply online at [www.emory.edu](http://www.emory.edu)

**WASHINGTON UNIVERSITY in ST. LOUIS (MO)** - See Mrs. Armand to be nominated for the Danforth Scholars Program - Nomination must be received by 10/15 - This is for high achievement in academics & community service

**GATES MILLENNIUM SCHOLARS** - This program is for minority students with financial need - The requirements are a 3.3 unweighted GPA + demonstrated leadership in community service & extracurriculars + meeting the Federal Pell Grant eligibility requirements - Go online to [www.gmsp.org](http://www.gmsp.org) for details & application forms - Deadline is January 12

**RON BROWN SCHOLAR PROGRAM** - For academically talented, highly motivated African American students - Apply by 11/1 for this scholarship & to have your info forwarded for more scholarships - Second application deadline is 1/9/10

**COCA-COLA SCHOLARS FOUNDATION** - Academic leaders are encouraged to apply for one of 50 scholarships of \$20,000 & 200 for \$10,000 - Deadline is 10/31 - Apply online at [www.coca-colascholars.org](http://www.coca-colascholars.org)

**TUSKEGEE UNIVERSITY (AL)** - One of our nation's fine HBCU (Historically Black Colleges & Universities) is having its Open House on 10/25 - Meet with deans, choir members, faculty, financial aid advisors - Call for info at 800-622-6531

**NORTHWESTERN STATE UNIVERSITY (Natchitoches)** - Increasing scholarship budget! Their "Early Bird" application deadline for scholarships is 10/31 - Don't miss out on the "big bucks" & apply early

**LOUISIANA SPCA** - "Veterinarians of the Future" is a new program for juniors & seniors to find out if they might want to become veterinarians - Call the LA SPCA at 368-5191

**TEXAS SOUTHERN UNIVERSITY** - This school in Houston has a new Honors College - There are many scholarships available starting with Valedictorian @ \$14,000 per year & on to Level 3 @ \$10,000 per year - Call 713-313-7972

**ATTITUDE determines CHOICE. CHOICE determines the RESULTS.**

***ATTITUDES are CONTAGIOUS. Is yours worth catching?***

**NOTHING WILL WORK UNLESS YOU DO...**